Abstract. Regression in melanoma is a frequent biological event of uncertain prognostic value as the lesion exhibits heterogeneous phenotypical features, both at the morphological and immunohistochemical level. In the present study, we examined the expression of tissue inhibitors of metalloproteinases (TIMP1, TIMP2 and TIMP3) in melanoma with regression. We specifically examined the expression levels of these TIMPs in regressed components (RC) and non-regressed components (NRC) of the tumor and compared their expression levels with those in non-regressed melanomas. We found that TIMP1 was overexpressed in the NRC of melanomas with partial regression (PR) compared with the NRC in melanomas with segmental regression (SR) (P=0.011). TIMP2 was overexpressed in the NRC of melanomas with PR compared with the NRC in melanomas with SR (PR/SR, P=0.009); or compared with the NRC in melanomas with simultaneous SR-PR (P=0.002); or compared with melanomas without regression (absence of regression) (P=0.037). Moreover, TIMP3 was overexpressed in the NRC of all melanomas with SR as compared to the RC component (P=0.007). Our findings on the differential expression of TIMP1, TIMP2 and TIMP3 in melanomas with regression support the hypothesis that the morphological differences identified in the melanoma regression spectrum may have a correlation with prognosis. This may explain the controversial findings within the literature concerning the biological and prognostic role of regression in melanoma.

Introduction
Cutaneous melanoma is one of the most aggressive human malignancies, with an increasing incidence worldwide. Currently, this incidence is high among young patients and is accompanied with an increased mortality rate, despite latest advances in therapy. The lack of adequate treatment strategies for melanoma is an important public health concern, and remains a challenge for the dermatologist, the pathologist and the oncologist. Of note, melanoma is one of the few tumors that can present spontaneous tumor regression due to complex interactions between the cancer cells and the host; this process occurs relatively frequently (10-35% of cases), with an even higher incidence in thin melanomas (60% of cases with a Breslow index of <0.75 mm) (1-6).

Tumor regression in melanoma involves the destruction of tumor cells by the host immune system, whereas its histopathological appearance is characterized by the infiltration of inflammatory cells, such as lymphocytes with melanophages, and by vascular hyperplasia and fibrosis. Indeed, several morphological types of regression may occur [partial regres-
We have previously investigated the morphological characteristics of regression in melanoma and correlated these to the expression of matrix metalloproteinases (MMPs) (6).

The role of regression in the prognosis of melanoma has not yet been well-established, with some authors supporting a favorable prognosis, whereas others have argued that tumor regression in melanoma may be a marker for a poor prognosis (7-16).

An unfavorable prognosis in melanoma with regression is supported by bibliographic cases of histopathologically verified complete tumor regression with the simultaneous presence of lymphatic and/or visceral metastases (17,18). Among the patients at the Department of Pathology, Colentina University Hospital (Bucharest, Romania), we detected 3 additional cases of completely regressed melanomas whose identification was based on presenting metastases. These are very dramatic cases with a significant psychological impact both on the patients and their families, as well as on the medical staff. However, to the best of our knowledge, we are unaware of the existence of melanoma cases with complete regression without metastasis as a clinical presentation; nobody will biopsy cutaneous scars, even if there is a history of a previously spontaneously vanishing tumor in the same spot, if the person is otherwise healthy.

In view of the existing controversies on the prognostic significance of regression in melanoma, it may be helpful to assume that we can encounter both progression and regression in the same tumor. This process would be the result of complex interactions between tumor cells and the host immune system, with the final outcome depending on the efficacy of the defense mechanisms. It seems that the most important mechanism involved in the process of tumor regression is the action of cytotoxic T lymphocytes and natural killer cells (19,20).

Importantly, during the progression of this insidious disease, both the inflammatory and angiogenic response have been shown to correlate with the remodeling of the melanoma extracellular matrix (ECM) (21). Moreover, alterations in the melanoma microenvironment have been shown to correlate with melanoma vertical progression (22), as well as with the regulation of its key biological functions (23-25). Alterations in the ECM may be attributed to varying expression patterns between melanoma cells and melanocytes (26), or to the activity of proteolytic enzymes, including MMPs, which in addition to the remodeling of the ECM, also shed cell membrane receptors and release mediators, thus regulating ECM-melanoma cell interactions (27).

In view of the fact that the interactions between the tumor cells and the surrounding microenvironment play an important role in the evolution of cutaneous melanoma, in this study, we examined the expression of tissue inhibitors of metalloproteinases (TIMPs) in regressed melanoma.

**Materials and methods**

We selected 93 cases of superficial spreading melanoma (SSM) and nodular melanoma (NM) consecutively diagnosed between January 2007 and December 2008 at the Department of Pathology, Colentina University Hospital. All the specimens were received for histopathological diagnosis. Fragments of tumor and/or nontumoral tissue where harvested according to guidelines of medical practice in pathology (Ministry of Health Regulation no. 1217/September 16, 2010 published in Official Monitor no. 723/October 29, 2010, annex 1); tissue fragments were routinely processed and paraffin-embedded; 3 micron-thick sections were cut and routinely stained with hematoxilin and eosin (H&E). Based on the microscopic examination of H&E stained slides, the histopathologic diagnosis of melanoma was established and several histopathological characteristics were evaluated: Breslow index, the Clark level of invasion into adjacent normal structures, ulcerations, vascular invasion, perineural invasion, intratumoral inflammatory infiltrates, cellular pleomorphism, the mitotic index, intratumoral vascularity, satellite/in-transit metastasis, as well as lymphatic or visceral metastases when specific biopsies were performed.

This study was approved by the Ethics Committee of Colentina University Hospital, and written informed consent was obtained from all patients for the use of the human specimens for experimental purposes.

For the purpose of this study, additional sections were prepared and immunohistochemical analyses for TIMP1, TIMP2 and TIMP3 were duly performed. The specific details of the primary antibodies used are listed in Table 1. The detection system used was Novolink Polymer (Leica/Novocastra, Leica Biosystems, Wetzlar, Germany) with DAB as a chromogen. A semiquantitative score to record the level of staining was utilized as follows: absent (-), faint positivity (+), moderate positivity (++), and intense positivity (+++).

We separated our cases into 2 groups, one of melanoma with regression, and the other of melanoma without regression [absence of regression (AR)]. We further stratified the cases with regression based on the respective morphologic type as follows: i) SR, complete regression of tumor cells with the simultaneous preservation of the proliferating cells in other parts of the melanoma; ii) PR, partial disappearance of tumor cells with partial replacement by inflammatory cells, melanophages and fibrosis; and iii) SR-PR, the simultaneous presence of SR and RP areas, observed in a few cases (7).

In total, we analyzed 3 categories of tumor tissue segments: for the subgroup of the melanoma with regression, we analyzed areas with regression [regressed component (RC) of the melanoma with regression], as well as areas without regression [non-regressed component (NRC) of the melanoma with regression], whereas one type of tumor tissue of the AR subgroup was examined. The level of expression recorded for each marker was compared between the NRC versus the RC in the same tumor, as well as in the NRC versus AR among different tumors. For the better appreciation of the differences between the NRC and RC, components we subtracted the immunohistochemical score for the RC from that of the NRC (i.e., NRC +++ and RC +: NRC/RC = +1; NRC ++ and RC +++: NRC/RC = -1).

Statistical analysis was performed using the EXCEL and EPIINFO programs; a P-value of <0.05 was considered to indicate a statistically significant difference (calculated by the χ² test).

**Results**

In total, we analyzed a group of 93 melanoma specimens including 62 SSMs (66.66%) and 31 NMs (33.33%). The
The majority of the tumors were at the pT4 stage (86.02%) and/or ulcerated (66.67%). In both tumor types, the majority of cases were at the pT3 and pT4 stage (79.03% of SSMs and all cases of NMs) (Fig. 1).

Regression was present in the SSM cases; 39 SSMs (62.90%) presented regression: 13 cases (33.33%) of SR, 17 cases (43.58%) of PR and 9 cases (23.07%) with areas of SR - PR in different parts of the tumor.

TIMP expression in the NRC component compared with the AR cases. The TIMP1, TIMP2 and TIMP3 expression levels were similar in both the NRC and AR cases. There was obvious TIMP1 overexpression in PR cases (76.47% cases with PR were intensely positive (++) for TIMP1 compared to 23.07% of SR cases that had the same feature (PR/SR, P=0.011; Figs. 2A-C and 3A). In addition, the PR cases exhibited intense positivity for TIMP2 as compared to cases with other types of regression or AR cases (PR/SR, P=0.009; PR/SR-PR, P=0.002; PR/AR, P=0.037; Figs. 2D-F and 3B). No differences were noted in TIMP3 expression among the different types of regression (Fig. 2G-I).

**TIMPS expression in regressed and non-regressed areas in the same tumor.** All TIMPs had a similar pattern of expression in melanoma with regression: some cases exhibited a loss of expression of TIMPs in the NRC versus the RC (TIMP1 and TIMP2, 7.69% of cases; TIMP3, 12.82% of cases), some presented with the overexpression of TIMPs in the NRC versus the RC (TIMP1, 66.66%; TIMP2, 61.53%; TIMP3, 64.10%), whereas almost a quarter of the cases had similar TIMP expression (TIMP1, 25.41%; TIMP2, 30.76%; TIMP3, 23.07%) (Fig. 3C and E). There were no differences observed between the NRC and RC in TIMP1 or TIMP2 expression according to the type of regression; TIMP3 was overexpressed in all SR cases when comparing the NRC to the RC component (P=0.007; Fig. 3F).

**Discussion**

ECM remodeling has been shown to closely correlate with the progression of melanoma (22,27). Numerous biomolecules are involved in this process with TIMPs being one of the key regulators. The functions of TIMPs are complex as...
Figure 2. Expression of tissue inhibitors of metalloproteinases (TIMPs) in regressed and non-regressed melanoma. (A) Intense diffuse expression of TIMP1 in areas of partial regression (x200 magnification); (B) Faint diffuse positivity of TIMP1 in areas of partial and segmental regression (x200 magnification). (C) Faint diffuse positivity for TIMP1 in melanomas without regression (x400 magnification). (D) Intense diffuse expression of TIMP2 in areas of partial regression (x400 magnification); (E) Faint diffuse positivity of TIMP2 in areas of partial and segmental regression (x200 magnification). (F) Faint diffuse positivity for TIMP2 in melanomas without regression (x400 magnification). (G-I) Similar expression of TIMP3 in (G) areas of partial regression, x400 magnification, or (H) non-regressed component of melanoma with regression, x400 magnification, or (I) melanomas without regression, x200 magnification.

Figure 3. Expression of tissue inhibitors of metalloproteinases (TIMPs) in different types of regression. (A) TIMP1 expression in non-regressed component (NRC) and absence of regression (AR) according to the type of regression. (B) TIMP2 expression in NRC and AR according to the type of regression. (C) Differences in TIMP1 expression in NRC versus RC in melanoma. (D) Differences in TIMP2 expression in NRC versus RC in melanoma. (E) Differences in TIMP3 expression in NRC versus RC in melanoma. (F) Differences in TIMP3 expression in NRC versus RC based on type of regression.
they participate in the progression of melanoma at several levels. Thus, TIMPs participate in the regulation of MMP activity (28-30). This function is perpetuated by both the N-terminal and C-terminal domain of TIMPs; the N-terminal domain binds to the active site of MMPs, thus preventing the access of substrates to the catalytic site of MMP, while the C-terminal domain binds to the hemopexin-like domain of pro-MMP-9 and pro-MMP-2 (31). TIMPs are involved in the cell adhesion process and in the subsequent modulation of cell growth through several mechanisms, including the regulation of cytoskeletal organization, the direct interaction with cell adhesion molecules or regulating the expression of specific ECM components (32).

TIMPs exhibit anti-angiogenic activities by inhibiting MMP-dependent angiogenesis. TIMP3 affects angiogenesis through the direct regulation of vascular endothelial growth factor receptor-2 (VEGFR2) activity and the inhibition of VEGF-A mitogenic effects, whereas the effects of TIMP2 are more complex, as it inhibits both endothelial cell growth and the migration of these cells (33,34). The latter is accomplished through TIMP2 interaction with α3β1 receptor or by enhancing the reversion-inducing-cystein-rich protein with Kazal motif (RECK) expression, which inhibits several downstream biomolecules, such as MMP-2, MMP-9, MT1-MMP, ADAM10, the final effect being the loss of cell migration (33,34). TIMPs have also been reported to modulate apoptosis with different outcomes, either exhibiting pro-apoptotic activity [TIMP3 through the stabilization of tumor necrosis factor receptor 1 (TNFR-1) and Fas] or anti-apoptotic activity (TIMP1 and TIMP2) (33,34). Importantly, TIMP expression has been shown to be associated with other pathological and toxicological conditions (35,36).

We have previously investigated MMP-1, MMP-2, MMP-3, MMP-9, MMP-11 and MMP-13 expression in melanomas with and without regression (6). Indeed, the differential expression of the MMPs, MMP-1 and MMP-11, in non-regressed tumors as compared to melanoma without regression, with a possible improvement in prognosis, for the former group of cases, was reported (6).

In the present study, we examined TIMP1, TIMP2 and TIMP3 expression in regressed versus non-regressed melanoma. We failed to identify differences in the expression of the 3 TIMPs (TIMP1, TIMP2 and TIMP3) between the NRC and AR or between the RC and NRC. However, interesting results were obtained when particular forms of regression were analyzed. Our examination of the morphological features of melanoma regression suggest that the destruction of tumor cells in melanoma regression may present different histological phenotypes, indicating a different spectrum of alteration, with SR seeming to bestow a more favorable potential (6).

In the present study, TIMP3 was overexpressed in all SR cases in the NRC versus the RC tumor segments. Of note, a recent study on metastatic lymph node melanoma demonstrated an inverse negative correlation of TIMP3 expression with intra-tumor vessel density (37). Das et al (37) thus concluded that ‘TIMP3 gene silencing by promoter methylation is associated with a poor outcome’. Moreover, TIMP3 gene promoter methylation has been shown to positively correlate with melanoma brain metastases, incurring a poor prognosis (poor disease-free survival and overall survival) (38).

Our present findings however, demonstrate that PR cases overexpress TIMP2 in the NRC more often than AR or in the NRC of melanomas with other types of regression. A recently published study, in line with the above, demonstrated that the overexpression of TIMP2 suppressed the proliferation of melanoma cell lines by inhibiting the activation of the Wnt/β-catenin pathway (39). In this study, TIMP1 was overexpressed in the NRC of PR cases as compared to AR cases. This finding is difficult to evaluate, since the role of TIMP1 in carcinogenesis is unclear. Since TIMP1 negatively regulates the activity of several MMPs involved in ECM degradation, it is likely that it inhibits tumor development and progression. In some tumors, TIMP1 expression correlates with a less aggressive tumor behavior and, conversely, factors that downregulate TIMP1 are associated with an unfavorable prognosis (poor overall survival and short disease-free interval) (32,40).

However, TIMP1 may also promote tumor progression by intervening in several key cellular processes, including apoptosis (anti-apoptotic activity) and anoikis resistance (41,42) Specifically, the activation of the PI3K pathway resulting in the assembly of a supramolecular complex containing TIMP1, CD63 and β1-integrins, has been suggested (43). Several studies have correlated TIMP1 overexpression in melanoma with an unfavorable prognosis (31-33): some authors suggest that increased serum TIMP1 levels correlate with a poor prognosis in patients with unresectable stage melanoma (43). Moreover, concomitant high serum levels of TNF-α1, transforming growth factor (TGF)-α, TIMP1 and C-reactive protein (CRP) are associated with a poor outcome in melanoma (44). Indeed, tumors overexpressing TIMP1 progress more rapidly and have an increased tendency towards metastases (45).

Particular types of regression may occur due to different immunological mechanisms. Our previous studies on inflammatory infiltrates in melanoma with regression suggest that Langerhans cells are constantly associated with thinner tumors (46), whereas the presence of nodular infiltrates of Langerhans cells in areas of regression are statistically associated with the presence of Langerhans cells in the main tumor mass (47-49). Indeed, particular types of regression (from an immunological point of view) may bestow a more favorable prognosis than other forms of regression or AR.

In conclusion, further progress in understanding cancer biology, as regards tumor cell proliferation, tumor microenvironment and host response is in order (29,50,51). However, differences in the biological behavior of tumors sharing the same origin indicate, without equivocal, that the mechanisms involved in tumorigenesis and progression are not yet completely deciphered. Further studies are warranted, both to further analyze the tumor omics, as well as to identify novel tumor biomarkers for diagnosis and potential therapeutic targets.

In this study, we described the differences in the expression of TIMP1, TIMP2 and TIMP3 in regressed and non-regressed areas of melanoma with regression. TIMP3 was overexpressed in all SR cases in the NRC as compared to the RC component. Moreover, a tendency towards TIMP1 and TIMP2 overexpression in the NRC in melanomas with PR as compared to AR cases was evident. These findings support the hypothesis that the morphological differences identified in the melanoma regression spectrum may correlate with prognosis, thus explaining
the controversial findings within the literature concerning the biological and prognostic role of regression.

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